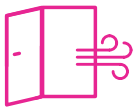


Prevent moisture and mould in your home:

10 tips

Ventilation is good for your health and for your home. With these 10 ventilation tips, you can reduce the moisture in your home. And thus prevent the growth of mould.



1. Ventilate your home every day.

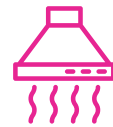
Open windows at least 15 minutes per day. Or you can keep a window open just a little bit throughout the day.

Did you know that ventilation helps conserve energy? That's because dry air is easier to warm than humid air. This means your home will warm up more quickly. This means that less energy is needed.



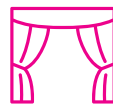
3. Dry laundry outdoors if you can.

Do you need to dry your laundry indoors, or do you use a dryer? In that case, make sure that the room is really well ventilated by opening up one or more of windows.



4. When cooking, turn on the extraction hood.

And use lids on the pans. Do you have an induction hob? Then cook on a low heat to avoid creating extra moisture.



5. Do not hang curtains in front of the heating.

And open the curtains during the day, so that the air can pass easily through the ventilation grilles.



2. Always keep ventilation grilles open.

And clean them regularly with a vacuum cleaner and a damp cloth.

Do you have a heat exchanger system? Then your home won't have ventilation grilles. Open one or more windows at least 15 minutes each day. And clean the heat exchanger's filters regularly with a vacuum cleaner. The extraction and supply valves can be cleaned with a damp cloth. Make sure that you do not change the settings of the valves.

Where does the moisture in my home come from?

- From outdoors
- Plants
- Wet laundry
- Showering
- Cleaning
- Cooking
- Pets
- (Many) people
- Aquarium

Additional ventilation necessary



W O O N S E R V I C E

Do not forget these tips...



6. Do you have mechanical ventilation in your home?

Always turn the mechanical ventilation on, and set it to the highest setting when cooking or showering.



7. Are you going to take a shower?

While showering, close the bathroom door and turn the ventilation system to the highest setting. Finished showering? Dry the walls and floor with a squeegee and/or a towel. And set the ventilation system to the highest setting for at least 15 minutes. Do you not have any kind of ventilation system in your bathroom? Then open a window.



8. Make sure the temperature in your home is at least 15 degrees.

This allows moisture to dry out. If it is too cold, the moisture will remain in your home. By keeping the temperature at a minimum of 15 degrees C, the air absorbs moisture and the moisture is released outside through ventilation. Does your house have underfloor heating? Then keep it at 17 degrees C.



9. Place furniture at least five centimetres away from walls and heating.

Check this in all rooms. This allows fresh and warm air to flow around and helps moisture evaporate.



10. Having lots of people over to visit?

Open ventilation grilles and tilt & turn windows. Make sure your home is well ventilated after visitors have been by opening windows and doors for at least 15 minutes. This helps moisture to evaporate quickly.

Have you got mould in your home?

Remove the mould with bicarbonate of soda or special cleaning agents.

And **then** follow the **10** ventilation tips.

Is your mould problem persisting?

Then contact us via

0593 56 46 00 or via **info@woonservice.nl**.

